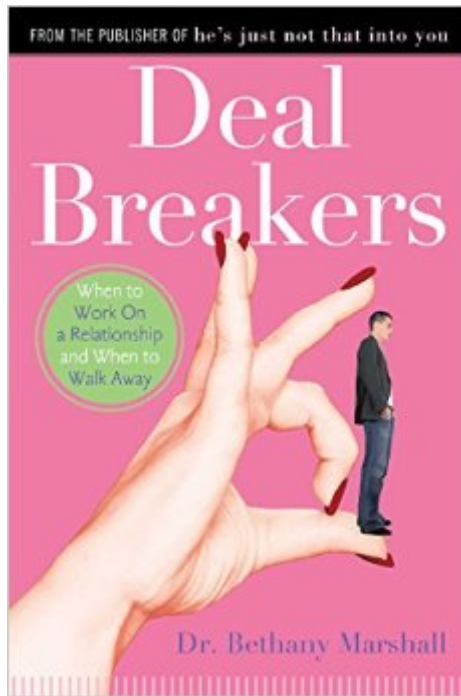


The book was found

Deal Breakers: When To Work On A Relationship And When To Walk Away



Synopsis

This is a book about men. Not all men, just emotionally unhealthy men. The ones who make you question, "Is it him or is it me? Am I making too big a deal out of this? I try to tell him how I feel, but he says I'm overreacting or needy or it's all my fault." Relationships are hard work, but how hard should they be? When do you know you are struggling too hard to make a relationship succeed? Deal Breakers is about getting out of this "relationship purgatory" where the present is unfulfilling and the future is the only thing you can hope for. But there is no magic future. If he won't work on problems today, it's unlikely they'll ever be resolved. And passively hoping for change will only cost you years of depression or expensive therapy. Dr. Bethany Marshall is here to remind women that relationships "like business relationships" are deals. In the business world, a deal breaker is the one nonnegotiable term that, if not agreed to, means the deal is off. But in the world of relationships, identifying your deal breaker can be much more promising, as it holds out the possibility of helping you to understand where the relationship has gone wrong, what needs to be done in order to make it better, and when to walk away because you're doing more work than him to fix it. A deal breaker is a boundary that smart people set for themselves because they know that falling in love can make them do stupid things. Through case studies, deal breaker scenarios, and suggested courses of action, Deal Breakers expertly guides frustrated women. By defining your deal breaker, you hold all the power to create the happiness you deserve.

Book Information

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Customer Reviews

Dr. Marshall delivers on her promise to help you decide whether you should work on your

relationship or walk away. I saw her talking about this on Good Morning America. Once I read the book, and realized that my husband was the 'Little Boy Who Poses as a Man' (one of the five personality types that leads to a deal breaker), I stopped rescuing him, because I realized that I was feeding into his childlike behavior and he actually started taking some responsibility for himself. But I also realized that I had turned into a guilt-driven mother who felt obligated to save him from himself. The author includes an analysis of "What kind of woman would pick this type of man". I'm guilty-because her description and analysis of me certainly applied. Dr. Marshall writes about five personality types that cause 80% of the problems: The Scriptwriter (he casts you into a role and forms assumptions about you), The Man in Charge (he wants to control you), The Man Without Fault (he gets his feelings hurt and goes on the attack whenever you try to express your feelings), The Invisible Man (he's more connected to his computer, sports games, etc., than to you) and The Little Boy Who Poses as a Man (like a little boy - he does all the taking while you do all the giving). I will be having a blast passing this book around to my friends while we figure out what categories our men fall into. One of my friends heard the author on Gayle King's (Oprah's friend) radio show in a longer and informative interview and bought the book for the same reason. I strongly recommend that you read the book and discover what your man's personality type is. This book has given me a road map for change.

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